

## **Chapter 4 Journals**

#1 Why is it important for you to understand mental illness?

#2 Should “guilty by reason of insanity” or “guilty but mentally ill” be allowed as a defense in criminal trials? ***(if allowed they would be sent to a psychiatric treatment center instead of prison)***

#3 How could you help a friend suffering from an eating disorder?

#4 Do you agree with the following statement: It is easy to identify a person with a mental disorder. Explain your reasoning.

#5 What are the signs of someone who might be considering suicide? What could you do to help them?

#6 Identify four types of mental health professionals.